WHAT IS CLAIMED IS:

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- 1. A liquid crystal electro-optical device comprising:
- a pair of substrates at least one of which is transparent;
- a light modulating layer interposed between the pair of substrates, the light modulating layer including a liquid crystal, an optically active substance, and a dichroic dye; and

means for applying an electric field in a direction parallel with the pair of substrates.

- 2. A liquid crystal electro-optical device according to claim 1 wherein the dichroic dye is a positive type.
 - 3. A liquid crystal electro-optical device according to claim 1 wherein the liquid crystal has positive dielectric constant anisotropy.
 - 4. A liquid crystal electro-optical device according to claim 1 wherein the liquid crystal has a spiral pitch p $[\mu m]$ in a range of $1 \le p \le 15$.
- 5. A liquid crystal electro-optical device according to claim 1 wherein a cell thickness d $[\mu m]$ is in a range of $1 \le d \le 10$.
 - 6. A liquid crystal electro-optical device according to claim 1 wherein molecules of the liquid crystal have an orientation twist angle n in a range of n ≤ 300°.
- 7. A liquid crystal electro-optical device according to claim 1 wherein an interelectrode distance L of the electric field applying means is in a range of L < 25 μ m.
 - 8. A liquid crystal electro-optical device comprising:
 - a pair of substrates at least one of which is transparent;
- a light modulating layer interposed between the pair of substrates, the light

modulating layer including a liquid crystal that contains a dichroic dye;

means for applying an electric field in a direction parallel with the pair of substrates; and

means provided on at least one of the pair of substrates, for orienting the light modulating layer.

- 9. A liquid crystal electro-optical device according to claim 8 wherein the dichroic dye is a positive type.
- 10. A liquid crystal electro-optical device according to claim 8 wherein the liquid crystal has positive dielectric constant anisotropy.